



Soul Companion

A Memoir
by Judy Hilyard, RN, MN

Soul Companion: A Memoir is the true adventures of Judy Hilyard as she travels to the Afterlife as an *Anam Aira*, a soul companion for those who have died or are in the final stages of dying. Judy was awakened to this work just as she was finishing a 47-year career as a left-brain-focused Intensive Care RN.

This is the story of what Judy has experienced and learned as she cares for souls on both sides of the Veil. It is joyful work that is Love-Affirming for all and relieves the fear of death for those still here.

This book would be helpful to anyone worried about loved ones who have crossed over, or those who just want connection with dear ones who have died. It offers comfort to those recovering from constrictive religious beliefs. And it's a fascinating first-person account of out-of-body experiences, death and dying, and the Afterlife.

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www.luckyvalleypress.com/soul

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"We are eternal souls who live forever, and therefore healing of emotional or spiritual wounds can be facilitated, even if one or more of the people in the wounding are no longer physically alive. Healing, Joy and Peace are always assured."

Judy Hilyard, RN, MN, is a retired ICU Nurse with 47 years experience and two Masters degrees, all very sound credentials in Western medicine but not needed for the Afterlife work she now does. At the end of Judy's career, she learned to be an *Anam Cara*, a soul friend, offering extraordinary counseling to provide a peaceful death for others. That led her to the ancient role of *Anam Aira*, one who crosses the Veil, not generally practiced today. Judy set out to learn how to cross the Veil between physical life and death to assist souls in their transition.



Judy has been doing Anam Aira work for several years, helping hundreds of people—those about to pass over to the Other Side, those already There, and those still here in physical form.

Visit Judy's website: www.anamcaracompanion.com